

How to Locate a Dental Network Provider

To access participating dentists in the Delta Dental plan or in the MetLife plan, follow these steps:

DELTA DENTAL PLAN

1. Access the Delta Dental Web Site at <http://www.deltadentaltn.com/>
2. In the center of the screen, click **Need A Dentist?**
3. **Product Selection**, click **Delta Dental Premier**
4. **Your Location**, enter Your **City** and Select a **State** *or* **Zip Code**
5. **Sorting, Distance and Number of Results**, you can select the way you want the information sorted (Distance, Name, City, Zip Code), the maximum distance you are willing to travel, and the Number of Results
6. **Additional Search Criteria**, you may also search by Dentist Last Name, Practice Name, or Specialty (Optional)
7. Click **Search for a Dentist**

METLIFE DENTAL PLAN

1. Access the MetLife Web Site at <http://www.metlife.com/>
2. In the box labeled **DENTAL CENTER**, to perform a Quick Search, Enter **Zip Code** and Click GO or click **Find a PDP Dentist**
3. To **Search for the closest dentist**, Enter either your **ZIP Code** *or* address *or* To **Search for a specific dentist**, Enter either the dentist's **Last name** *and* either **city/state** *or* **Zip Code**
4. **Choose Proximity** (default is 30 miles - you can change the proximity)
5. **Choose a Display** (default is List Dentist Only - you can change to List Dentist and Map)
6. Click **Submit**