

How to Locate a Dental Network Provider

To access participating dentists in the Delta Dental plan or in the MetLife plan, follow these steps:

DELTA DENTAL PLAN

1. Access the Delta Dental Web Site at <http://www.deltadentaltn.com/>
2. In the center of the screen, click **Need A Dentist?**
3. **Product Selection**, click **Delta Dental Premier**
4. **Your Location**, enter Your **City** and Select a **State** or **Zip Code**
5. **Sorting, Distance and Number of Results**, you can select the way you want the information sorted (Distance, Name, City, Zip Code), the maximum distance you are willing to travel, and the Number of Results
6. **Additional Search Criteria**, you may also search by Dentist Last Name, Practice Name, or Specialty (Optional)
7. Click **Search for a Dentist**

METLIFE DENTAL PLAN

1. Access the MetLife Web Site at <http://www.metlife.com/>
2. In the box labeled **Products & Services**, click **Dental**
3. In the box labeled **Find a Dentist**, enter your **ZIP Code** and click **Go**
(Optional) Click **Advanced Search** to search by specialty, dentist's name, language, and more
4. In the box labeled **Modify Your Search**, you have the option of modifying your search criteria if you need to make changes. Click **Search**